

# MINI CAMP WEEKEND MENU

<b>Camper Name:</b>		<b>Program Date: 3/18-3/20/22</b>
<b>Special Diet/Allergies:</b>		
<b>Where Will Food Be Stored (for kitchen staff use):</b>		
<p>If your camper is on a restricted diet, please write in the box next to the meal what your camper can eat for that meal, whether it is what we are offering, or if it is something that you will bring or brought with you.</p> <p style="text-align: center;">GF = Gluten Free, SF = soy free, CF = caesin free (dairy free)</p>		
<b>FRIDAY</b>		
<b>Dinner</b>	Marco's Pizza Salad (GF, CF, SF)	
<b>Dessert</b>	Cookies	
<b>Dietary Adjustments Provided as Needed</b>	GF/CF/SF and Veggie Pizza and cookies	
<b>SATURDAY</b>		
<b>Breakfast</b>	Pancakes Sausage Fruit	
<b>Dietary Adjustments Provided as Needed</b>	Vegetarian Sausage	
<b>Lunch</b>	Cheese Quesadillas Beans Rice Salad (GF, CF, SF)	
<b>Dietary Adjustments Provided as Needed</b>		
<b>Dinner</b>	Grilled Chicken Mashed Potatoes Broccoli	
<b>Dessert</b>	Ice Cream Sandwiches	
<b>Dietary Adjustments Provided as Needed</b>	Veggie Chicken Sandwiches	
<b>SUNDAY</b>		
<b>Breakfast</b>	Banana Bread Continental Breakfast (staples shown below)	
<b>Dietary Adjustments Provided as Needed</b>		

<b>Staples on hand in the kitchen</b>	Breakfast: Honey Nut Cheerios, Raisan Bran, Fruit Loops, Corn Pops, Oatmeal, Poptarts, Bagels, Yogurt Fruit: Apples, Bananas, Clementines, Applesauce Salad: Mixed Greens, Tomatoes, Shredded Cheese, Croutons, Shredded Carrots, Cucumbers Dressings: Honey Mustard, Ranch, Italian, Thousand Island, Balsamic Viniagrette Vegetarian: veggie burgers, veggie hot dogs, veggie bacon, veggie sausage Gluten Free: bread and rolls Peanut butter and jelly, chicken nuggets, hot dogs, pizza always on hand
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<b>KITCHEN USE --Special Heating/Cooking/Serving Instructions:</b>
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